1st Year CPMA

NS 5132: Adult Weight Management  
No Text Required

NS 5233: Research Methods  
*Research Successful Approaches, 4th Edition (Required)*  
Authors: Monson & Van Horn  

NS 7111: Orientation to Clinical Dietetics  
*Dietetics Practice and Future Trends 5th Edition (Required)*  
Author: Winterfeldt  
Publisher: Jones & Bartlett  
ISBN- 10: 1284107973

**Subscription fees:**  
Academy Student Member $58.00 (Required)  
http://www.eatrightpro.org/resources/membership/membership-types-and-criteria/student-member

NS 7153: Nutrition During the Life Cycle  
*Krause’s Food & the Nutrition Care Process, 14th Edition (Required)*  
Author: Mahan  
Publisher: Elsevier  
*It is recommended that you purchase rather than rent this text, as it will be helpful in future classes as well as when studying for the RDN exam.*

NS 7192: Nutrition Assessment  
*Krause’s Food & the Nutrition Care Process, 14th Edition (Required)*  
Author: Mahan & Raymond  
Publisher: Elsevier  
*It is recommended that you purchase rather than rent this text, as it will be helpful in future classes as well as when studying for the RDN exam.*

eNCPT (a web based resource for the International Dietetics & Nutrition Terminology) (Required Subscription)  
Can be purchased at http://ncpt.webauthor.com/ncpt-subscription-pricing

Laboratory Assessment of Nutritional Status: Bridging Theory and Practice (ebook or Softcover acceptable) (Required)  
Author: Mary Litchford, PhD, RDN, LDN  
Electronic copies available from Case or Amazon/Barnes and Noble, etc.

*Choose Your Foods: Exchange Lists for Diabetes, (Required)*  
American Diabetes Association and Academy of Nutrition and Dietetics, Copyright 2014.

NS 7213: Food Nutrition Service Management  
*Food Service Management: Principles and Practices 13th Edition (Required-acceptable to rent)*  
Author: Payne-Palacio  
Publisher: Prentice Hall