

## Incoming Allied Health Students

**Recommended Laptops:** The University strongly recommends the purchase of a new laptop computer, if possible, or the use of an existing computer ***no more than 1-2 years old*** in order to have the best possible experience with the required security tools and your academic, clinical, or research activities. Please check with HSC Office of Financial Aid about the applicability of available financial aid funds for a computer purchase. It is your responsibility to ensure that your laptop is compatible with the required security tools in order to participate in your program's curriculum.

Windows Laptop Hardware Requirements / Recommendations		
Component	Minimum Requirements	COAH IT Recommend
Processor (CPU) <small>(Search and open "System Information" on your laptop. See Processor Info)</small>	Intel Core i5/i7 - 7 <sup>th</sup> Generation or newer (Ex: Intel Core i7-7500u)  AMD Ryzen 2 <sup>nd</sup> "Zen" Generation (Ex: AMD Ryzen 5 2500U)	Intel Core i5/i7th – 9 <sup>th</sup> Generation (Ex: i7-9750H Processor)  AMD Ryzen 3 <sup>rd</sup> "Zen2" Generation (Ex: AMD Ryzen 5 3500U)
Memory (RAM) <small>(Search and open "System Information" on your laptop. See Total Physical Memory)</small>	8GB+	16GB
Internal Storage	Solid State Storage (SSD)	Solid State Storage (SSD) (Pcie M.2)
Wireless Network	802.11ac	802.11ac
Operating System	Windows 10 Pro/Education (Win 10 Education edition is available from OUHSC for free which enables <a href="#">laptop encryption</a> that is strongly recommended).	Windows 10 Pro/Education (Win 10 Education edition is available from OUHSC for free which enables <a href="#">laptop encryption</a> that is strongly recommended).
External Storage	USB 3.1 Flash or External Disk Drive	USB 3.1 Flash or External Disk Drive

Apple Mac Hardware Requirements / Recommendations		
Component	Minimum Requirements	COAH IT Recommended
Date of Manufacturer <small>(Use <a href="#">About this Mac</a>)</small>	Mac Book/Air/Pro, 2020**	MacBook Pro, 2020**
Processor (CPU)	Intel Core i5 Processor	Intel Core i7 Processor
Memory (RAM)	8GB+	16GB
Internal Storage	Solid State Storage (SSD)	Solid State Storage (SSD)
Wireless Network	802.11ac	802.11ac
Operating System	High Sierra (10.13) or Mojave (10.14)	Catalina (10.15)
External Storage	USB 3.1 Flash or External Disk Drive	USB 3.1 Flash or External Disk Drive

## Required Software

*Please test your computer for the following components:*

1. **Desire2Learn course management software:** <https://learn.ouhsc.edu/>  
Click on the "Test your Browser" (located right under the login) this test will check all required components and optional components for your computer. Or visit this link for a direct testing of your browser  
<https://learn.ouhsc.edu/d2l/systemCheck>

**Recommended browser for D2L is Firefox and/or Chrome**

<http://www.mozilla.org/en-US/firefox/new/>

<https://www.google.com/chrome/browser/desktop/index.html>

2. **VLC Player** - <http://www.videolan.org/vlc/>
3. **Adobe PDF Reader**  
To review PDF documents <http://get.adobe.com/reader/>
4. **Zoom Video Conferencing Software** – Follow instructions at <https://ahv.ouhsc.edu/zoom>
5. **Make sure you have installed ALL computer updates.**  
This will ensure that your computer is running the necessary components needed for all required programs.
6. **Lockdown Browser for exams**  
*Link can be found at the top of D2L (make sure you are logged into system)*  
*Please make sure the application is working prior to exams. Please check for updates!*

**Updates for lockdown browser sometimes are pushed automatically. If prompted, please update**

**If you need more assistance, please contact the ISS Dept (Office 3154)**

**Note: Please check Lockdown Browser before exams to make sure software is working correctly.**

7. **Campus IT Student Services 2020** - <https://it.ouhsc.edu/backtoschool/>
8. **Free Microsoft Products for Students** - <https://it.ouhsc.edu/mssoftware/>
9. **Encryption Recommendations:**
  - a. We recommend all students to encrypt their laptops. Encryption helps protect the data on your device so it can only be accessed by people who have authorization. This helps protect your private data should your laptop get stolen!
    - i. For Windows Computers please follow these instructions: [Windows laptop encryption instruction.](#)
    - ii. For Mac Computers please follow these instructions: [Mac laptop encryption instruction.](#)
    - iii. For questions and help please contact the IT Service Desk for your campus.

**OKC QUESTIONS?** Please contact the IT Service Desk at 405.271.2203 (888.435.7486) or [servicedesk@ouhsc.edu](mailto:servicedesk@ouhsc.edu) with questions or requests for additional information.

**TULSA QUESTIONS?** Please contact the IT Service Desk at 918.660.3550 or [tulsait-servicedesk@ouhsc.edu](mailto:tulsait-servicedesk@ouhsc.edu) with questions or requests for additional information.

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