



with Student Researcher...

# Abbey Bandeh



“Finding and implementing evidence-based interventions is key to becoming a successful practitioner...”

<b>Department</b>	Rehabilitation Sciences
<b>Program</b>	Occupational Therapy
<b>Year in Program</b>	3rd
<b>Mentor</b>	Carrie Ciro, Ph.D., OTR/L, FAOTA



## What are you most excited about for Research Day?

Seeing the research that my professors and fellow students have been working on throughout the year is what I am most excited about. I love seeing the research that my professors have been talking about really coming into fruition when they present it. My fellow students have also been working on research since last summer and I am beyond excited to see what they have to present. One of the projects that I am always excited to see is the continued research on “**Professor Paws**”.

## What is your favorite part of Research Day?

Besides engaging in discussion with my professors and fellow students about their research, my favorite part of Research Day is hearing the Keynote Speaker. I still remember the speaker from the 2015 Research Day and his discussion on **e-cigs**. I always learn something new from the Research Day speaker and I try and think about how I can implement what I have learned into my future practice.

## What are you looking forward to learning about?

I’m looking forward to learning about the interventions that my peers have found to be most effective in treating different conditions. Finding and implementing evidence-based interventions is key to becoming a successful practitioner and I look forward to learning which interventions have, or have not, worked for others. Overall, I enjoy learning new and exciting things at Research Day and that is what I am most looking forward to this year.

## What is your research about?

My research is about Forced Use Therapy (FUT) and how it could help patients increase the use of their affected extremity following a stroke. Forced Use Therapy “forces” the patient to use their affected hand when they are doing activities. I have seen patients that use what they refer to as their “good hand” and they begin to neglect their affected hand. My research focused on whether or not a patient’s dressing score improved after they received FUT.