

My life...and
the crazy ride
it's taken me
on so far...



1999

East Central University
Senior year.
Massive brain injury.

Arteriovenous malformation.



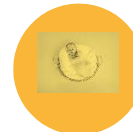
**2002-
2003**

7 Sinus Surgeries
6 scope surgeries and 1 major obliteration surgery.



2002

Cystic Fibrosis
Diagnosed at 22 years old.



**2006
-
2013**

Daughters
Jenna – 4/21/08
Jolie – 7/9/13

Gallbladder removal

Hysterectomy

...and life continues!

DECEMBER 1999

Senior Year in College

Arteriovenous Malformation

TRAUMA

LIFE-CHANGING



SERIOUSLY?!?!?!





2003

**Cystic Fibrosis...what is that? Hereditary?
The rest of my life? Incurable? How long
is it expected that I'll live? Can it be
treated? Can I have kids? Can I work?
Will my fiancé still want to marry me?
How expensive is this going to be? What
am I going to do? Lung function...wow,
now things in the past make sense.**

Potential death?

Why me?



DAILY REGIMEN

Morning

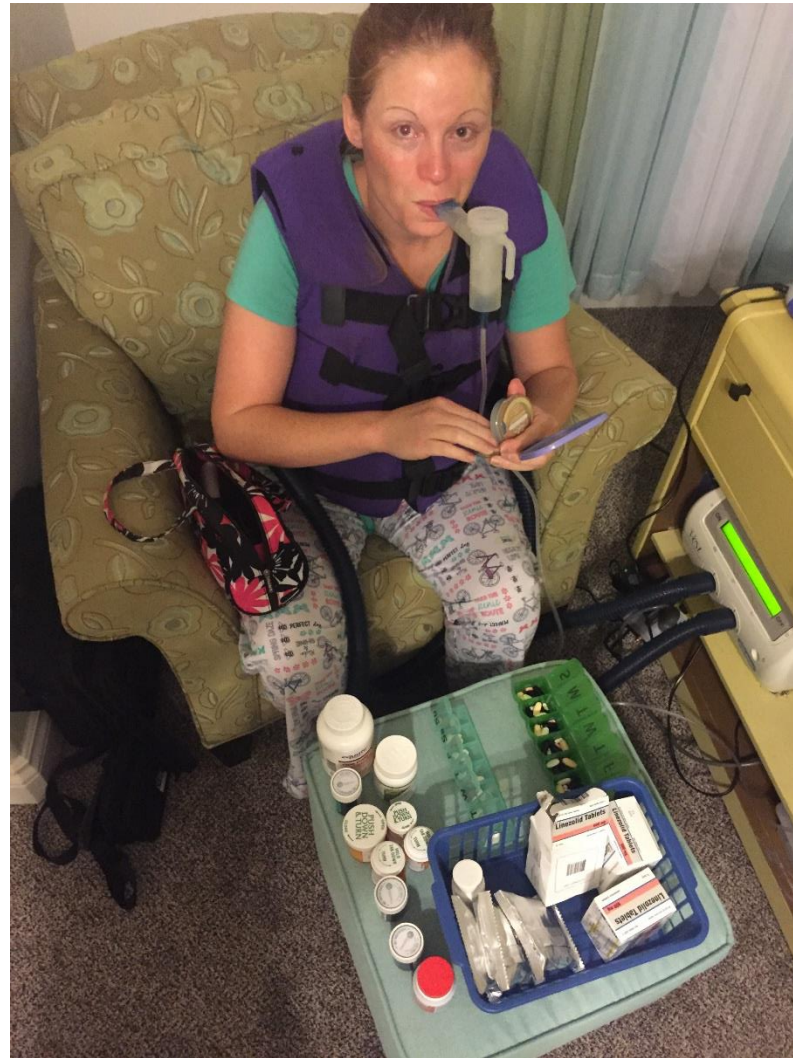
- 30 minutes VEST (www.thevest.com)
- Inhaled Sodium Chloride 7% solution
- Tobrymcin Podhaler or Cayston
- Put on make-up at the same time 😊
- Take morning oral meds

Evening

- 60 minutes VEST (www.thevest.com)
- Inhaled Sodium Chloride 7% solution
- Tobrymcin Podhaler or Cayston
- Inhaled Amkacin (M, W, F only)
- Inhaled Pulmozyme
- Take evening oral meds

*****Clean and sterilize all breathing cups***

*****Refill pill boxes once a week***



Paije's Current Meds

CF Meds

CF Vitamin (specially formulated with A, B, D, E, and K plus Zinc)

Zenpep Dr (pancreatic enzymes) 20,000 units capsule (10 before meals, 5 before snacks)

Vitamin D 50,000 units softgel (1x/wk)

Advair 500/50 Diskus (2x daily)

Proair HFA AER 90 MCG inhaler (before morning & evening treatments & as needed in between)

Sodium Chloride 7 % solution (breathing treatment 2x daily)

Tobrymycin Podhaler 28 mg capsule (inhale 2x daily, 1 month on [during Cayston off month], 1 month off)

Cayston 75 mg (breathing treatment 3x daily, 1 month on [do it on the off month of Tobrmycin], 1 month off)

Pulmozyme: 1 mg dornase-alpha (1x daily)

Amikacin (inhaled) 1ml amikacin to 5ml saline

Avalox (moxifloxacin) 400mg (1x daily)

Azithromycin 500mg (1x daily)

Zyvox (linezolid) 600mg (2x daily)

Culturelle (2 daily)

Non-CF Meds

Women's Multivitamin

Omeprazole 40 mg (1x daily)

Flexeril 10 mg (as needed)

Vitamin B12 1,000 mcg (1x daily)

Psych

Lexapro (Escitalopram) 20mg (1x daily)

Buspar 15 mg (2xdaily)

INTERPROFESSIONALISM

- Doctor
- Nurse
- Dietitian
- Radiographer
- Sonographer
- Nuclear Medicine Technologist
- Social Worker
- Psychologist
- Respiratory Therapist
- Occupational Therapist
- Physical Therapist
- Pharmacist
- Research Coordinator
- Otolaryngologist
- Gastroenterologist

