Spinal Manipulation: 17th Annual Update for Physical Therapists, Osteopathic Physicians and Medical Doctors

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Sponsored by
Department of Rehabilitation Sciences, College of Allied Health, University of Oklahoma Health Sciences Center and Oklahoma Physical Therapy Association

Presented by
Peter Gibbons, MB, BS, Diploma in Osteopathy, DM-SMed, MHSc
Melbourne, Australia

Philip Tehan, Diploma in Osteopathy, Diploma in Physiotherapy, MHSc
Melbourne, Australia

Assoc. Prof. Peter Gibbons, MB, BS, Diploma in Osteopathy, DM-SMed, MHSc graduated from the British School of Osteopathy (London) in 1975 and gained his undergraduate medical degree from the Royal Free Hospital School of Medicine (London). He is a board certified medical practitioner and osteopath in Australia, holds postgraduate qualifications in musculoskeletal medicine and is appointed by the Victorian Minister for Finance as Deputy Convenor of Medical Panels. Professor Gibbons has published extensively in peer-reviewed journals, is a co-author of "Manipulation of the Spine, Thorax and Pelvis" (now in its 4th edition) and a founding director of the Spinal Manipulation Education Group. He has presented research and spinal manipulation workshops nationally and internationally, and currently lectures in the subject area of High Velocity Low Amplitude (HVLA) thrust techniques.

Assoc. Prof. Philip Tehan, Diploma in Osteopathy, Diploma in Physiotherapy, MHSc graduated from the Physiotherapy School, Lincoln Institute of Health Sciences in Melbourne, Australia in 1971 and gained his osteopathic qualification at the British School of Osteopathy in 1975. He is a board certified physiotherapist and osteopath. Philip has lectured both nationally and internationally on the topic of musculoskeletal dysfunction, particularly relating to spinal manipulation. Philip is a director of clinical services in osteopathy and physiotherapy at a multidisciplinary clinic in Melbourne, Australia and is an Associate Professor teaching in the Bachelors/Masters program in osteopathy at Victoria University, Melbourne, Australia. Philip is co-author of the text "Manipulation of the Spine, Thorax and Pelvis" (now in its 4th edition) and a founding director of the Spinal Manipulation Education Group.

Lab Assistants
Dave Johnson, PT, PhD, FAAOMPT did his undergraduate study at the U. S. Air Force Academy. He earned a Graduate Certificate in Physical Therapy from the University of Iowa in 1980, a Graduate Diploma in Manipulative Therapy from Curtin University, Western Australia in 1982, and an MS in Biostatistics and PhD in Epidemiology from the University of Iowa. Dave practices at Mercy – Edmond and is an Adjunct Assistant Professor at the University of Oklahoma, where he teaches thrust and non-thrust mobilization/mobilization to physical therapists and physical therapy students. In the 1980s he served as national chair of the Orthopaedic Specialty Council, American Board of Physical Therapy Specialties, and patented the "Johnson Anti-Shear Accessory" to the Cybex dynamometer. He has received the Kennett Ball Award for service to the Oklahoma Physical Therapy Association (OPTA) and in 2016 received the annual OPTA “Outstanding Clinical Instructor” award for mentoring OU physical therapy students.

Ken Schaecher, PT, MS, DPT, OCS earned a BS in Sport Science from Oklahoma State University, and earned MS and DPT degrees from Arizona School of Health Sciences. Ken practices at Northern Therapy & Rehab of Stillwater, Oklahoma, where he specializes in manual therapy and exercise for persons with orthopaedic or sports disorders. He was an Assistant Professor in the physical therapy program at Langston University, where he taught thrust and non-thrust mobilization/mobilization to physical therapists and physical therapy students. He is board certified in orthopaedic physical therapy and is pursuing manual therapy certification. Ken has served OPTA as Western District Director, and in 2004 received the annual OPTA “Outstanding Clinical Instructor” award for mentoring OU physical therapy students.

Abe Shamma, PT, DPT, OCS, Cert. MDT, FAAOMPT earned a BS in Physical Therapy from SUNY Buffalo, earned a DPT degree from Chatham University of Pennsylvania, is board certified in orthopaedic physical therapy, and is certified in Mechanical Diagnosis and Treatment by the McKenzie Institute. Abe practices at Kaiser Permanente of Union City, California. In 2006 he completed a manual therapy fellowship at Kaiser Permanente Northern California. In 2010 he joined its faculty, where he mentors fellows in training and teaches clinical reasoning in manual therapy. In addition, Abe has taught many classes on exercise and on thrust and non-thrust mobilization/mobilization for disorders of the spine and extremities.
Intended Audience

Essentials of Spinal Manipulation: Licensed PTs, DOs, or MDs. This is a thorough and fast-paced course. Attendees new to the Gibbons & Tehan approach are wise to purchase the Gibbons and Tehan text (details below) in advance so they can familiarize themselves with the techniques by studying the respective videos and written descriptions.

Master Class: Intended for licensed PTs, DOs, or MDs who have previously completed Course 2 or Essentials of Spinal Manipulation offered in 2004 through 2020.

Master Class prerequisites: Prior completion of Course 2 or Essentials of Spinal Manipulation offered in 2004 through 2020.

Text


ISBN: 9780702059216 (with access to www.spinethoraxpelvis.com)

Objectives

At the completion of Essentials of Spinal Manipulation, participants will be able to:

- Discuss current best evidence relating to the use of High Velocity Low Amplitude (HVLA) thrust techniques.
- Describe risks and benefits of HVLA thrust techniques as applicable to each region of the spine.
- Demonstrate enhanced proficiency in pre-thrust spinal positioning in the cervical, thoracic, lumbar, and sacroiliac regions.
- Demonstrate enhanced proficiency in the delivery of HVLA thrust techniques for cervical, thoracic, lumbar, and sacroiliac regions.
- Describe and demonstrate the spinal positioning and locking used in upper cervical, cervicothoracic, and lumbosacral HVLA thrust techniques necessary to ensure patient comfort and safety.
- Demonstrate proficiency in delivery of HVLA thrust techniques for the upper cervical, cervicothoracic, and lumbosacral spine.

At the completion of the Master Class, participants will be able to:

- Demonstrate a consolidation of existing knowledge and performance in pre-thrust spinal positioning for HVLA thrust techniques.
- Demonstrate a consolidation of existing knowledge and performance in the use of HVLA thrust techniques for the spine and thorax.
- Describe and demonstrate the spinal positioning and locking used in thoracolumbar and rib HVLA thrust techniques.
- Describe and demonstrate minimal leverage positioning and the use of momentum induced thrust techniques for the spine and thorax.

Questions

Questions regarding registration? Contact Kathy Campbell at: Kathy-L-Campbell@ouhsc.edu (918) 660-3277
Questions regarding course content? Contact Dave Johnson at: dave-johnson@ouhsc.edu
## Registration details

| Dates          | Essentials of Spinal Manipulation | March 5 – 6 – 7 | Thurs, Fri, and Sat: 9 a.m. to 5:00 p.m. |
|               | Master Class                      | March 8 – 9     | Sunday: 9 a.m. to 5:00 p.m. | Monday: 8 a.m. to 1:00 p.m. |

### Location
OU Tulsa
4502 East 41st Street, Room 2D18
Tulsa, OK  74135

### Faculty
- **Essential of Spinal Manipulation**: Gibbons and Tehan
  - Limited to 34 students
- **Master Class**: Gibbons and Tehan
  - Limited to 24 students

### Cost
- **Essentials of Spinal Manipulation**: $895.
  - $775. for APTA members
- **Master Class**: $795.
  - $675. for APTA members

Payment may be made online with credit card. For details, see Registration section on next page.

### CEU credits
CEU credits for Physical Therapists have been requested from the Oklahoma Board of Medical Licensure & Supervision:
- Essentials of Spinal Manipulation: 19.5 contact hours
- Master Class: 11.25 contact hours

Application for CEU approval for states other than Oklahoma is the responsibility of the course participant. We would be happy to provide additional course information should you need it for your application.

## Travel and Accommodations

### General information about Tulsa:
- [Tulsa Visitor Guide](#)

### Tulsa International Airport
(Tulsa Visitor Guide) serves the Tulsa area and is about 10 miles from OU Tulsa. Major airlines include American, Continental, Delta, Southwest, and United.

### Recommended hotel:
- **Doubletree Hotel Tulsa at Warren Place** (3 miles from OU Tulsa campus)
  - Hilton Doubtree Hotel at Warren Place - Tulsa
  - (918) 495-1000
  - 6110 South Yale Ave, Tulsa, OK 74136

Those staying at the Doubletree will need a rental car, as hotel shuttle service may not run during course dates/times.

### Hotels within walking distance of OU Tulsa campus:
Comfortable hotels within walking distance of the OU Tulsa campus exist in the 74135 zip code area of midtown Tulsa.

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2020 Spinal Manipulation Update
Course registration

REGISTRATION DEADLINE: JANUARY 17, 2020

Instructions
You may mail/fax the completed form below, or ONLINE registration / payment via credit card is available at this link: Click to register for Spinal Manipulation Update courses -- find them at "Course Offerings: On-Site"

Registration information

Name: ___________________________________________ Profession: ______________________
Street Address: ____________________________________________
City: ______________ State: __________ Zip ________________
Mobile Phone: ___________ Office Phone: __________ Fax: ______________________
Email: ________________________

Prior attendance of Course 2 / Essentials


Course fees

PT, DO, or MD          APTA member

Essentials of Spinal Manipulation $ 895. ☐  $ 775. ☐

Master Class $ 795. ☐  $ 675. ☐

Payment information

You may register online & pay using credit card using the link at the top of this page.

If paying by check, it should be made payable to “OUHSC” and mailed to the address below. Please enclose your completed registration form.

Cancellation policy

Should you need to cancel, please immediately inform Kathy Campbell at (918) 660-3277.

Cancellations made prior to 5 pm CST, Friday, February 21 will result in a refund of 100% of the course fee.

Cancellations made after 5 pm CST, Friday, February 21 will result in a refund of 50% of the course fee.

In the unlikely event the program itself must be cancelled, the course fee will be refunded in full.

Mail or fax completed registration form, and license or Fellow information to:

Mailing Address:  Fax:  (918) 660-3299
OU-TULSA
Department of Rehabilitation Sciences
Attn: Kathy Campbell
4502 East 41st Street, RM 2D25
Tulsa, OK  74135

Questions? Call Kathy Campbell at (918) 660-3277 or email at Kathy-L-Campbell@ouhsc.edu