Per University of Oklahoma Regents’ Policy, all students enrolled in OU Health Sciences Center (OUHSC) programs are responsible for maintaining health insurance and providing coverage information each semester of enrollment in their programs. A student who is found to be uninsured will receive notification from HSC Student Affairs and their academic dean’s office regarding lack of compliance and possible delay in academic program, including clinical participation, advancement.

Effective June 2017, all students enrolled in OUHSC programs must purchase the OUHSC Student Health Insurance Plan or submit a waiver to show alternative coverage via the Student Health Insurance waiver program by Friday, September 1, 2017. Please note the waiver process window opens Friday, June 30, 2017. Your program may request a different deadline. Please consult with your program.

- For questions regarding the OUHSC Student Health Insurance Plan or the Student Health Insurance waiver program, please call 1-888-924-7758.
- For general questions, please call HSC Student Affairs at 405-271-2416 or OU-Tulsa Student Affairs at 918-660-3100.

To purchase the Student Health Insurance Plan, please follow the below steps:

1. Go to https://ouhsc.myahpcare.com/enrollment
2. Click the 'Enroll Online' link.
3. Read the Terms and Conditions and accept.
4. Enter the system by using the following:
   - Student ID: Use your OU HSC 7-digit student ID
   - Date of Birth in MM/DD/YYYY format. (Example 01/01/1990)
5. Continue to fill out the form until complete.

To begin the waiver process for fall 2017, please follow the below steps:

Please note the waiver process window opens June 30, 2017.

1. Have an electronic copy of your medical ID card ready.
2. Go to https://ouhsc.myahpcare.com/waiver
3. Select the appropriate link.
4. Once on the waiver system you will be asked to provide:
   - Student ID: Use your OU HSC 7-digit student ID
   - Password: Your date of birth in MMDDYYYY format (i.e. 01011990 unless previously changed)
5. Select the red waiver button from the “NO, I do not want the insurance” section.
6. Complete the waiver form and attach an electronic copy of the front and back of your medical insurance card.
7. Select the ‘Submit Waiver’ button at the bottom of the waiver form.

Once you have successfully submitted your waiver request you will receive an on-screen confirmation and an automated email confirming receipt of your request. Please make sure you receive this submission confirmation email, and print it for your records. Should there be any problems with your waiver, you will need this confirmation email, which contains your waiver request ID number. This automated email does not constitute granting of a waiver; a separate email as to whether your waiver request has been approved or denied will be sent from Academic HealthPlans within seven business days.