### 1st Year CPMA

**NS 5132: Adult Weight Management**  
No Text Required

**NS 5233: Research Methods**  
*Research Successful Approaches, 4th Edition (Required)*  
Authors: Monson & Van Horn  

**NS 7111: Orientation to Clinical Dietetics**  
*Dietetics Practice and Future Trends 5th Edition (Required)*  
Author: Winterfeldt  
Publisher: Jones & Bartlett  
ISBN- 10: 1284107973

**Subscription fees:**  
Academy Student Member $58.00 (Required)  

**NS 7153: Nutrition During the Life Cycle**  
*Krause’s Food & the Nutrition Care Process, 14th Edition (Required)*  
Author: Mahan  
Publisher: Elsevier  
*It is recommended that you purchase rather than rent this text, as it will be helpful in future classes as well as when studying for the RDN exam.*

**NS 7192: Nutrition Assessment**  
*Krause’s Food & the Nutrition Care Process, 14th Edition (Required)*  
Author: Mahan & Raymond  
Publisher: Elsevier  
*It is recommended that you purchase rather than rent this text, as it will be helpful in future classes as well as when studying for the RDN exam.*

**eNCPT (a web based resource for the International Dietetics & Nutrition Terminology) (Required Subscription)**  
Can be purchased at [http://ncpt.webauthor.com/encpt-subscription-pricing](http://ncpt.webauthor.com/encpt-subscription-pricing)

**Laboratory Assessment of Nutritional Status: Bridging Theory and Practice** (ebook or Softcover acceptable) (Required)  
Author: Mary Litchford, PhD, RDN, LDN  
Electronic copies available from Case or Amazon/Barnes and Noble, etc.

**Choose Your Foods: Exchange Lists for Diabetes,** (Required)  
American Diabetes Association and Academy of Nutrition and Dietetics, Copyright 2014.

**NS 7213: Food Nutrition Service Management**  
*Food Service Management: Principles and Practices 13th Edition (Required-acceptable to rent)*  
Author: Payne-Palacio  
Publisher: Prentice Hall
CHECK YOUR ENROLLMENT!
ONLY PURCHASE BOOKS FOR CLASSES IN WHICH YOU ARE ENROLLED

2nd Year CPMA
(You may have purchased some of these books during your junior year.)

**NS 6133: Public Health Nutrition II**
*Planning, Implementing & Evaluating Health Promotion Programs, 6th Edition (Required – ok to rent)*
Author: McKenzie, Neiger & Thackeray
ISBN: 978-032178850-4

**NS 5134: Advanced MNT & NS 7542 Medical Nutrition Therapy Practicum**
*All previously purchased for Nutrition Assessment/MNT I*

**Krause’s Food & the Nutrition Care Process, 14th Edition (Required)**
Author: Mahan & Raymond
Publisher: Elsevier
*It is recommended that you purchase rather than rent this text, as it will be helpful in future classes as well as when studying for the RDN exam.*

**Laboratory Assessment of Nutritional Status: Bridging Theory and Practice (Required - ebook or Softcover acceptable)**
Author: Mary Litchford, PhD, RDN, LDN

**Choose Your Foods: Exchange Lists for Diabetes (Required)**
American Diabetes Association and Academy of Nutrition and Dietetics, Copyright 2014.
This book can be purchased at [www.diabetes.org](http://www.diabetes.org) or by phone at 1-800-342-2383.

**Subscription fees:**

*eMedley:* Online System to track supervised practice hours and completion of competencies for all practicum courses - $200. To be purchased by credit card payment only on the first day of MNT Practicum; please be ready for this expense.

*eNCPT (Required subscription)*
Can be purchased at [http://ncpt.webauthor.com](http://ncpt.webauthor.com)

*The Academy of Nutrition and Dietetics Nutrition Care Manual (Required subscription)*
Student Members: MSTU09 $75.00
The order page is on the main site at [www.nutritioncaremanual.org](http://www.nutritioncaremanual.org)

*EHRGO! (Required)*
Required - subscription
Ordering Instructions provided on D2L. Subscription fee is $65.00

**NS 5833: Non-Energy Nutrients**
*Advanced Nutrition & Human Metabolism (7th Edition)*
Recommended but NOT required
Author: Gropper
Publisher: ITP
CHECK YOUR ENROLLMENT!
ONLY PURCHASE BOOKS FOR CLASSES IN WHICH YOU ARE ENROLLED

MASTER OF SCIENCE/PhD

**NS 5132: Adult Weight Management**
No Text Required

**NS 5134: Advanced MNT**
*All previously purchased for Nutrition Assessment/MNT I*

*Nutrition Therapy & Pathophysiology, 3rd Edition (Required)*  
Author: Marcia Nelms, Kathryn Sucher, Karen Lacey, Sara Long  
ISBN: 978-1305111967 – electronic versions also available  
Publisher: Wadsworth  
*It is recommended that you purchase rather than rent this text, as it will be helpful in future classes as well as when studying for the RDN exam.*

*Laboratory Assessment of Nutritional Status: Bridging Theory and Practice (Required - ebook or Softcover acceptable)*  
Author: Mary Litchford, PhD, RDN, LDN  

*Nutrition Focused Physical Assessment: Making Clinical Connections (Required)*  

*eNCPT (Required subscription)*  
Can be purchased at [http://ncpt.webauthor.com](http://ncpt.webauthor.com)

*Choose Your Foods: Exchange Lists for Diabetes (Required)*  
American Diabetes Association and Academy of Nutrition and Dietetics, Copyright 2014.  
This book can be purchased at [www.diabetes.org](http://www.diabetes.org) or by phone at 1-800-342-2383.

**Subscription fees:**  
Academy Student Member *(Required)* $58.00  

*The Academy of Nutrition and Dietetics Nutrition Care Manual (Required subscription)*  
Student Members: MSTU09 $75.00  
The order page is on the main site at [www.nutritioncaremanual.org](http://www.nutritioncaremanual.org)

*EHRGO! (Required)*  
Required - subscription  
Ordering Instructions provided on first day of class. Subscription fee is $65.00

**NS 5233: Research Methods**  
*Research Successful Approaches, 4th Edition (Required)*  
Authors: Monson & Van Horn  
ISBN-978-0-88091-415-4

**NS 5833: Non-Energy Nutrients**  
*Advanced Nutrition & Human Metabolism (7th Edition)*  
Recommended but NOT required  
Author: Gropper  
Publisher: ITP
CHECK YOUR ENROLLMENT!

ONLY PURCHASE BOOKS FOR CLASSES IN WHICH YOU ARE ENROLLED

NS 5860: Advanced Topics (Nutrition Support)
The A.S.P.E.N. Adult Nutrition Support Core Curriculum, 3rd Edition (Recommended but not required)
(3rd Edition is recommended, but 2nd Edition is acceptable)
Editor-in-Chief Charles M. Mueller. 2012.
This can be purchased through the ASPEN website, www.nutritioncare.org

NS 5970/AHS 6970: Seminar – No Book

NS 6133: Public Health Nutrition II
Planning, Implementing & Evaluating Health Promotion Programs, 6th Edition (Required – ok to rent)
Author: McKenzie, Neiger & Thackeray
ISBN: 978-032178850-4