

College of Allied Health Student Association OPEN Meeting 10/6/2021

- ❖ **Start Time:** 12:08 PM
- ❖ **Speaker:** Kelsey Jenkins and Maria Esparza
 - Student Programming (Leadership Lunches, Global Friendsgiving, Fall Volunteer Days)

1. **Welcome**

President - Karlee Doak

- Phone # 918.630.8198
- Email: @karlee-doak@ouhsc.edu
- Currently in progress:
 - Senator (1)
 - Allied Health Week (Nov 8-12)
 - Speaker: Cass Condray
- CAHSA Positions
 - President - Karlee Doak
 - VP - OKC - Delani Argo
 - VP - Tulsa - Jacie Harris
 - Treasurer - Gabriela Pineros
 - Secretary - Adyson Barber
 - Senators - Piper Allred, Grace Fugate, Mackenzie Craig, Gabby Pineros, Hannah Delano
 - Blood Drive Chair - OKC - Angel Nquyen, Tulsa - Brooklyn McColey
 - Philanthropy Chair - Tulsa - Elizabeth Wallace, OKC - Emily Chaffin
 - Social Chair - OKC- Mackenzie Camacho, Tulsa - Lynanne Lutz
 - Faculty Sponsors: Dr. Hudson, Professor Gildon, Dr. Lepak, Professor dela Cruz
- ❖ Other Topics for President to Discuss
 - Study Night for October: PLEASE VOTE
 - OKC - @ Not Your Average Joe Coffee Shop @5:00-@7:00
 - Tulsa - @ Coffee House on Cherry Street @5:00-7:00
 - Bring your student ID and coffee's on us!

Vice President

OKC- Delani Argo

- delani-argo@ouhsc.edu
- (918)513-1256
 - Please RSVP for open/closed meetings, so we can have the proper amount of lunches!

TULSA- Jacie Harris

- jacie-harris@ouhsc.edu
- (918)348-9078
 - Emails for RSVP will be sent out at the end of the week prior to each open meeting so keep an eye out for those!

Treasurer- Gabriela Pineros

- gabriela-pineros@ouhsc.edu
- 405-802-0885

Secretary- Adyson Barber

- adyson-barber@ouhsc.edu
- 580-579-9284
 - Don't forget to get your attendance sheet stamped!
 - Zoom Attendance
 - If you need to add things to the agenda, let me know please.

2. Topics for Discussions

Committee Updates:

- Philanthropy Chair: CAN DO FUNDRAISERS (food drive, clothing drive, t-shirts)
 - Beth Anne: working with a non-profit in the Tulsa area, a food drive around Thanksgiving, a clothing drive around winter time for DVIS, Tulsa animal welfare center drive, Salvation Army angel tree, volunteering at local schools,
 - Emily: raising money for a syringe service program through fundraisers
- Social Chair:
 - Mackenzie:
 - Mental Health Monday Event for October:
 - Yoga with Dean Wilson
 - OKC - October 11th @ 5:30 @ student union 3rd floor patio
 - Trunk or Treat @ Winchester Drive-in (October 21)
 - Trunk decorating contest and costume contest
 - Lynanne: increase comradery
 - Yoga for Tulsa: October 19th @ 12:00 @ TBA
 - Trunk or Treat event in Tulsa information TBA
- Blood Drive Chair:
 - Angel:
 - OKC Blood drive flyers are out and up around campus and posted on our social media pages

- The blood drive will be **October 20th**
 - You will need to register and schedule an appointment beforehand if you want to donate blood, and you can do that by scanning the QR code on the flyer
 - Volunteers are needed at the actual blood drive, so if you want to volunteer to help out on the day of, you can contact me via email at angel-nguyen@ouhsc.edu
- Brooklyn: groupme will be the main form of communication, let her know if you are not in this yet.
 - November 4th

Upcoming Events:

Yoga Session with Dean Wilson

OKC - October 11 @ 5:30

Tulsa - October 19 @ 12:00

Blood Drive (October 20)

Trunk or Treat @ Winchester Drive-In (October 21)

Allied Health Week (November 8-12)

3. **Department Reps**

Role: Be the bridge between each department and CAHSA. Should relay information of ideas, wants, and needs from departments. Should vote on matters brought up throughout the year.

- **CSD:**
 - **Caitlyn Carl:**
 - **Madison McMahon:**
 - **Christina Wingfield:**
 - **Grace Fugate:**

- **MIRS:**
 - **Madilynne Lorant:**
 - **Morgan Dodd:**
 - **Zoe Vandyck:**
 - **Cameron Robison:**

- **Nutritional Sciences:**
 - **Jeremiah McGuire**
 - **Annie Nguyen:**
 - **Sabrina Monaco**
 - **Marissa Hoerman**

- **Rehabilitation Sciences:**
 - **Ryleigh Webb:**
 - **Brittany Jay:**
 - **Hanna Fletcher:**

- **Allee Branchcomb:**

4. **Senator Updates**

- **Grace:**
- **Gabby:**
- **Mackenzie:**
- **Piper:**

'Fall for OU' week and Hispanic Heritage Month

- **Dr. Alfredo Quiñones-Hinjosa | World Renowned: “Reflections From My Life: I Have Missed 100% Of The Shots I Didn’t Take”:**
 - Saturday, October 9th 11 am-Noon via Zoom
 - Zoom Link: https://zoom.us/meeting/register/tJokcOOctqIuGdP-6STQjPXNkahQ_kSNLEwK
- **Paletas Con Personas (Popsicles with People):**
 - Friday October 15th at Noon-1pm on Bird Library Patio
- **The Leukemia & Lymphoma Society’s Light the Night:**
 - October 22nd 6pm at Scissortail Park
 - Link: <https://pages.lls.org/ltn/ok/OKCityL21/OU COP>
- **Bevo BBQ:**
 - Thursday, October 7th at Noon HSC Student Union East Patio
- **Hannah:**
 - Big Event Promotion
 - Sooners Helping Sooners
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5. **Reimbursement**

Allied Health Website → Students → Helpful Resources → Forms → Conference Reimbursement Instructions and Forms:

<https://alliedhealth.ouhsc.edu/Portals/1058/Assets/documents/OASS/2021-2022%20Total%20Reimbursement%20file.pdf?ver=2021-07-02-141944-810>

- **STUDENT CONFERENCE REIMBURSEMENTS**
 - Amount of reimbursement for 1 conference this year - up to \$200
 - Just for conference fees since most are virtual.

6. **Speaker Information**

- Name : Kelsey Jenkins and Maria Esparza
- Topic: Student Programming (Leadership Lunches, Global Friendsgiving, Fall Volunteer Days)
- Contact Info: @kelsey-jenkins@ouhsc.edu and Maria-D-esparza@ouhsc.edu
- Office: (405)271-2416 or drop in and visit

KELSEY

Website: students.ouhsc.edu | Email: students@ouhsc.edu

Volunteerism Opportunities:

- Read & Lead Oct 19 & 20
 - Free food if you sign up in advance
- Fall Food Drive Oct 18-Nov 12
 - There will be a box in the allied health lobby
- Big Event
 - 22nd Annual Big Event
 - Saturday, November 6th
 - Volunteer Sign Up Link https://ousurvey.qualtrics.com/jfe/form/SV_54R3RgpLi67X5BQ
- Sooners Helping Sooners
 - A scholarship opportunity for OUHSC students who find themselves in extenuating circumstances and
- Leadership Lunch Series
 - Next Meeting: Tuesday, October 26th
 - Speaker: Hally Reeves - *Influence Without Authority*
- HSC Sooner Standard
 - Volunteering Recognition
 - 50 hours = Green Cord
 - 75 hours = Blue Cord
 - Volunteer Hours can be logged by visiting ouhsc.edu/selfserve
 - Tulsa Upcoming Events:
 - Leadership Development Series: Public Speaking | October 13
 - Hispanic Heritage Month: Coco Movie on the Lawn | October 14
 - Invest in You: Sleep & Nutrition | October 21
 - Leadership Development Series: All of the Feelings of School & How to Overcome Them | October 27
 - Invest in You: Have Questions about Mental Health | November 9
 - Leadership Development Series: Team Building | November 10
 - International Student Day | November 17
 - MoneyCoach: Tackle Debt | November 18
 - Invest in You: Finals Prep & Holiday Stress | November 30
 - Angel Tree Adoption | Most of November
- Questions? Email lauren-condry@ouhsc.edu

RESOURCES:

- Student Calendar
 - students.ouhsc.edu/calendar
- HSC Daily News
- Instagram @hscstudent
- Twitter @hscstudent
- Facebook @ uoklahomahsc

MARIA

Multicultural Student Services

Nine Campus Wide MSO's

Some Officer Positions Available within these organizations

- African American Student Association
- Asian American Professional Student Association

- Hispanic American Student Association
- International Student Organization
- Lumina
- Muslim Health Professional Student Association
- Native American Student Association
- Oklahoma City Chinese Students and Scholars Association
- Veteran and Military Alliance

Event: *Global Friendsgiving: Thursday, November 18th at noon*

Reach out if you have multicultural events coming up, she would love to help and be the point of contact!

❖ **NEXT MEETING: 11/3/2021**

- **Speaker:** Mary Carter
- **Topic:** Resumes/Career Goal Statements

❖ **End Time: 12:34**

Respectfully Submitted,

Adyson B. Barber

CAHSA Secretary

2021-2022



VEIN DRAIN

IN THIS TOGETHER

OUHSC Campus Blood Drive

Hosted by HSC Student Government Association, College of Allied Health, College of Dentistry, College of Medicine, College of Nursing, College of Pharmacy, College of Public Health and Graduate College

Wednesday, October 20
8 a.m. - 3 p.m.
DLB Student Union Room 262

To schedule an appointment, visit obi.org
 or scan the QR code.




Donors Receive a Coupon for a FREE Honey Butter Chicken Biscuit!



All donors receive this **glow-in-the-dark t-shirt***.

Plus, Hemoglobin A1c blood sugar testing will be performed, which can help monitor diabetes risk.



877-340-8777 | OBI.org | ARKBI.org | TXBI.org

Oklahoma Blood Institute
 Texas Blood Institute
 Arkansas Blood Institute

*While supplies last. Photo ID required.

Zoom Attendance

MHM & Study Nights

