

College of Allied Health Student Association OPEN Meeting
09/09/2022

- **Start Time:** 12:04 PM
- **Speaker:** Craig Cruzan with student counseling services & Paige Mayhew with SAFE
 - Craig Cruzan:
 - Looking for student advisors, application is found on the daily news emails
 - Discussed finding balance within a busy schedule
 - Wellness workshops every Monday at noon with student counseling services.
 - Paige Mayhew:
 - Anyone in college of Allied Health can join SAFE.
 - Once a monthly meetings.
 - Looking for officers.
 - SAFE stands for - Student Advocates For Equity
<https://alliedhealth.ouhsc.edu/About/Diversity-Equity-and-Inclusion>
contact ... for additional information

1. **Welcome**

President – Alexa Gray

- Email: alexa-e-gray@ouhsc.edu
- Currently in progress:
 - Social events: coffees and cookies in the student lounge sept 15
 - Tulsa: study night coming soon
 - Committee update- should be contacted soon
 - Two new committees (health and wellness, allied health week)

- Other topics for President to Discuss:
 - CAHSA Officers
 - President – Alexa Gray
 - VP - OKC - Dani Amos
 - VP - Tulsa – Megan Spears
 - Treasurer – Christina Wingfield
 - Secretary – Lillian Thornock
 - Senators
 - Emily Chaffin
 - Ty Fullingim
 - Gabby Pineros
 - Jayden Sarabia
 - Hannah Wittenback
 - Dani Amos
 - Committee Chairs
 - Blood Drive Chair - OKC -Ty Fullingim
 - Blood Drive Chair- Tulsa – (still open)
 - Philanthropy Chair - OKC - Emily Chaffin
 - Philanthropy Chair - Tulsa – Audrey Wint
 - Social Chair - OKC- Emery Roberts
 - Social Chair - Tulsa – Annie Liu
 - Other Topics for President to Discuss
 - Committee chair interest

Vice President

OKC- Dani Amos

- danielle-amos@ouhsc.edu
- Please RSVP for open/closed meeting, so we can have the proper number of lunches! (keep an eye out theyre sent out at the end of the week prior to each meeting)

TULSA- Megan Spears

- megan-spears@ouhsc.edu

Treasurer- Christina Wingfield

- christina-wingfield@ouhsc.edu

Secretary- Lillian Thornock

- lillian-thornock@ouhsc.edu

2. **Topics for Discussions**

- Committee Updates:
 - Philanthropy Chair:
 - Social Chair:
 - Blood Drive Chair:
- Upcoming Events:

3. **Department Reps**

Role: Be the bridge between each department and CAHSA. Should relay information of ideas, wants, and needs from departments. Should vote on matters brought up throughout the year.

- **CSD:** Gabby Pineros, Izzy Pike, Shira Barnett, Rylee Sudberry
- **MIRS:** Katherine Stelter, Makayla Ratjczyk, Alison Hunt
 - One open position
- **Nutritional Sciences:** Sabrina Monaco, Marissa Hoerman
 - Two positions open
- **Rehab Sciences:** none
 - 4 open positions

4. **Senator Updates**

- Emily:
- Ty:
- Gabby:
- Jayden:
- Hannah:
- Dani:

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5. **Reimbursement**

Allied Health Website → Students → Helpful Resources → Conference Reimbursement Instructions and Forms:

<https://alliedhealth.ouhsc.edu/Portals/1058/Assets/2019-2020%20Reimbursement%20Instructions%20for%20Web%20new.pdf>

STUDENT CONFERENCE REIMBURSEMENTS

- Amount of reimbursement for conferences this year - up to \$200 for one conference
 - More instructions to come

6. **Speaker Information**

- Name: Paige Mayhew
- Topic: SAFE
- Contact Info: paige-mayhew@ouhsc.edu
- Name: Craigery Cruzan
- Topic: Student counseling Services
- Contact Info: students.ouhsc.edu/scs
 - counselers@ouhsc.edu

NEXT OPEN MEETING: 10/05/2022

- **Speaker: Kate Stanton**
 - speaking about student life
- **End Time: 12:51pm**

Respectfully Submitted,

Lillian R. Thornock

**Lillian R. Thornock
CAHSA Secretary
2022-2023**