

College of Allied Health Student Association OPEN Meeting 02/03/2021

- ❖ **Start time:** 12:00 pm
- ❖ **Speaker:** Carmon Drumm with SCS on stress and management/relief

1. **Welcome**

- **President – Jayden Sarabia**
 - Jayden-Sarabia@ouhsc.edu
 - 918-351-8973
 - **Tis the Season to Netflix**
 - Social chairs Paige and Mackenzie
 - THANK YOU SO MUCH FOR SUCH A SUCCESSFUL EVENT DURING A UNIQUE TIME!
 - **Senator**
 - Sydney White
 - THANK YOU FOR JOINING US!
 - **March Open Meeting Speaker**
 - HSC Students Affairs on ways to get involved
 - **April Open Meeting Speaker**
 - Department Representatives on what our college offers
 - **CAHSA Elections**
 - If you are interested in serving our college and representing the students of our college, here is your chance!!
 - Check your inbox for additional information
 - Opportunities:
 - [President](#)
 - Vice President - OKC
 - Vice President - Tulsa
 - [Treasurer](#)
 - [Secretary](#)
 - [Senators](#)
 - OKC Chairs
 - Blood Drive
 - Philanthropy
 - Social
 - Tulsa Chairs
 - Philanthropy
 - Social
 - [*Student leader can be from the OKC or Tulsa campus*](#)
 - **Interested in student conference reimbursements?**
 - Remember to sign in using the doc sent in the Zoom chat!
- **Vice President**
 - **OKC–Emily Carter**
 - emily-a-carter@ouhsc.edu

- 918-625-3336
- Chairs - no announcements
- SO proud of everyone for pulling off the Netflix event at the end of last semester!
- ISC update
 - Unity in Health Symposium was Monday night, I hope some Allied Health students were able to attend!
 - LGBTQ and Unity Clinic simulations are still in the works.
 - Come one come all to volunteer at the vaccine clinics!

■ **Tulsa - Kelsi Clawson**

- Kelsi-Clawson@ouhsc.edu (918-237-8520)
- Thank you to everyone who made the Netflix movie party possible!
- Looking for COVID safe ideas for an end of year celebration. I want to get some ideas from everyone on what could be possible and what is not an option:
 - Last year CAHSA did not have one due to COVID (so I have not experienced an event like this), but I have heard CAHSA usually has one at the end of each year.
 - I was thinking something like a meal pre-order form that can be picked up at scheduled times.
 - Maybe from Bill and Ruth's or having a food truck (I heard they've done a Brownie's truck before) come out?
 - Or we could do popcorn bags (for the movie option) to make things a little easier.
 - I was also thinking of something like a movie on the lawn with a big projector screen (in front of the main building - where soccer goals are) so everyone can bring a lawn chair, socially distance, and enjoy their food.
 - Other ideas we could do similar to this? I'm not sure about movie rights?
 - Maybe we could partner with the 41st and Yale AMC for the movie showing/rights issue?
 - Maybe a MarioCart tournament (socially distanced with masks and sanitization of Wii remotes between each user) with sign ups ahead of time? Can be a team event or individual event.
 - Maybe a Corn Hole tournament? Have teams participating supply the boards with frequent sanitization of boards and all who are playing wearing gloves and masks so as to not directly touch anything (still socially distanced).
 - Maybe a little of everything? We would need volunteers for different stations, etc. but I think we would not have a problem with that.
 - I really think a big event like this would be really nice for the morale of everyone. Keeping safe distances and sanitization frequent, I would like to make SOMETHING happen, even if not one of these ideas!
- Again, I want to say **thank you to the faculty** that helps keep everything going! Thank you all for being patient with us as we learn and work through trying to make CAHSA great for everyone during COVID!

Special shoutout and thank you to Cheryl Walk and Jayden Sarabia, you two have been amazing this year!

- **Treasurer** – Beau Cobb
- **Secretary** – Mackenzie Davis
 - mackenzie-j-davis@ouhsc.edu
 - 580-559-1517
 - Zoom for **ALL** closed meetings!
 - Miss a meeting? Find the minutes on the Allied Health website!

2. **Topics for Discussion:**

- **Committee Updates:**
- **Philanthropy Chair:**
 - Mai Vangseng, Tulsa, RS
 - BUDGET FOR VALENTINE'S DAY EVENT to be used in Tulsa
 - **Voted to APPROVE** the budget.
 - Representative vote through email approved unanimously.
- **Social Chair:**
 - Mackenzie Camacho, OKC, NS
 - Paige Garvin, Tulsa, RS
- **BloodDriveChair:**
 - Grace Fugate, OKC
- **UpcomingEvents:**
 - No upcoming events yet!

3. **Department Rep updates**

- **CSD:**
 - Megan Cambio
 - Join NSSLHA for Special Olympics Polar Plunge! Interested in volunteering? Contact me 713-409-0697 (February 27th from 8-11:30am)
 - **SEMESTER NSSLHA Meetings: Feb 2, Mar 1, Apr 5, May 5**
 - Erin Seabrook
 - Piper Allred
 - Mary Haugland
- **MIRS:**
 - Eva Longoria
 - Hayley Weaver
 - Julia Tong
 - Steven Tran
- **Nutritional Sciences:**
 - Jessica Buster:
 - Haley Hubbard:
 - Jeremiah McGuire:
 - Annie Nguyen:

- **RehabSciences:**
 - Hope Shreve '22 (Tulsa)
 - Ryleigh Webb '23 (Tulsa)
 - Brittany Jay '23 (OKC)

4. **Senator updates**

- Paige Gentling
 - OU Health needs help with data entry at vaccination clinics!
 - Sign up at:
 - <https://www.signupgenius.com/go/70A094DABAF22A0FB6-covid1>
 - Contact Trynisha-Cheadle@ouhsc.edu with any questions
- Jessica Garner
- Melissa Sheffield
- Mallory Smith
- Sydney White
- Amanda Walker
 - Unity in Health Symposium on February 1st @6-7:30 via Zoom
 - Campus awards for Seniors
 - <https://students.ouhsc.edu/Current-Students/Campus-Life/Student-Calendar/Event-Details/hsc-campus-award-applications-open-1>

5. **Reimbursement:** Allied Health Website → Students → Helpful Resources → Conference Reimbursement Instructions and Forms: <https://alliedhealth.ouhsc.edu/Portals/1058/Assets/2019-2020%20Reimbursement%20Instructions%20for%20Web%20new.pdf>

❖ **Student Conference Reimbursements**

- Amount of reimbursement for conferences this year - up to \$200
 - Just for conference fees since most are virtual.

6. **SPEAKER INFORMATION:**

- <https://students.ouhsc.edu/Current-Students/Student-Wellbeing/Student-Counseling-Services/Student-Wellness>
- https://sooners-my.sharepoint.com/:f/g/personal/carmon-drumm_ouhsc.edu/EutacTMu9s9PispduMxTpSOByrlzlyDePOwuVwBAGyKE9A?e=JbTnrT
- <https://students.ouhsc.edu/Current-Students/Student-Wellbeing/Student-Counseling-Services>
- Email: counselors@ouhsc.edu
- Phone: 405-271-7336

❖ **Next Meeting: OPEN MEETING - 03/03/2021**

- **Location: ZOOM**
 - **Speaker: HSC Students Affairs on ways to get involved**
- ❖ **End time:** 12:51 pm

**Respectfully Submitted,
Mackenzie J. Davis
CAHSA Secretary
2020-2021**