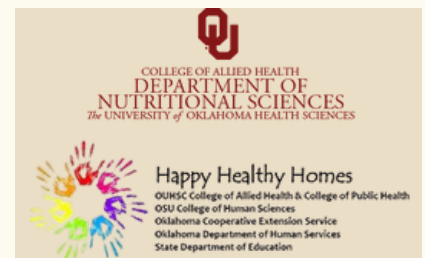


# HAPPY HEALTHY HOMES



Effect of virtual training on child care providers' mealtime practices.

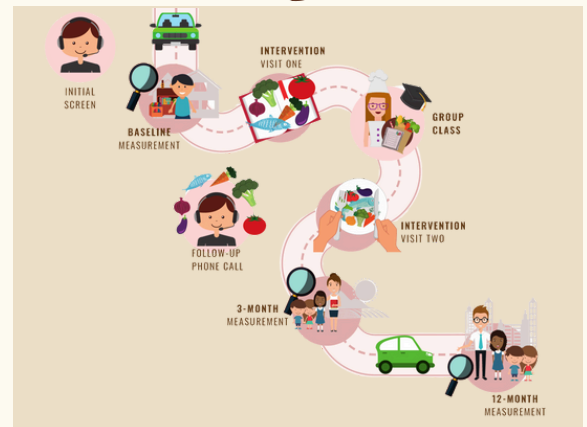
## MEALTIME...



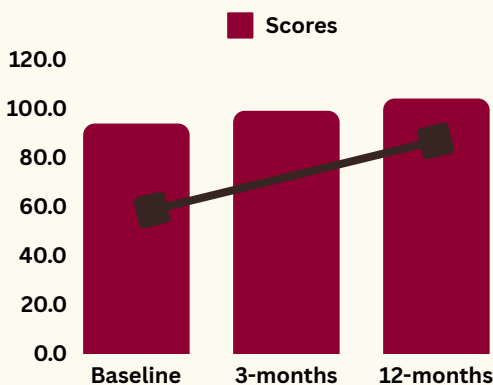
is an opportunity for family child care home (FCCH) providers to teach children about nutrition to young children and help them build healthy relationships with food.



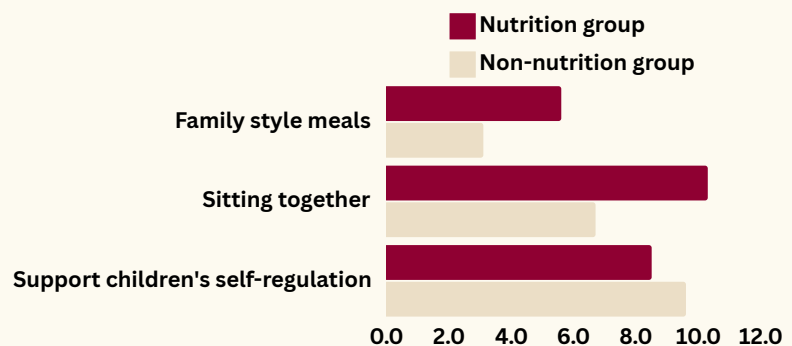
## HAPPY HEALTHY HOMES TRAINING...



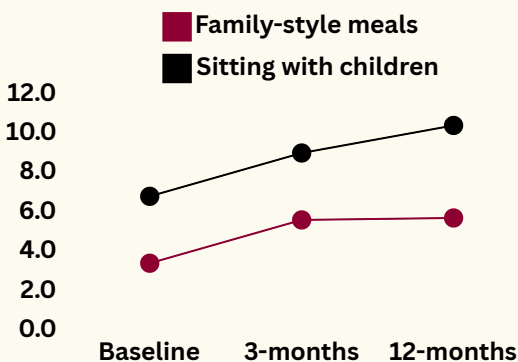
### OVERALL CHANGE IN THE MEALTIME QUALITY IN NUTRITION GROUP



### SUSTAINED CHANGES AT 12-MONTHS



### CHANGES IN OTHER MEALTIME ASPECTS IN NUTRITION GROUP



## KEY TAKEAWAYS...



More hands-on support and training needed to improve other mealtime practices.



Improvements in some mealtime practices even at 12 months.

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