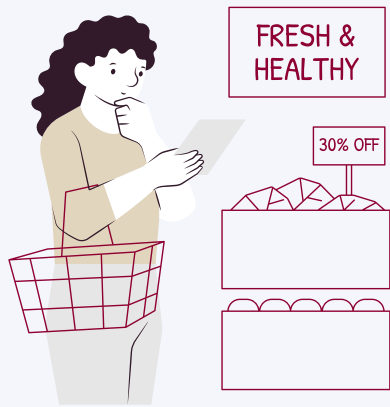
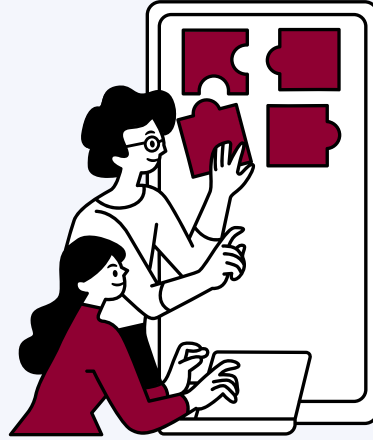


TEACHING AND EMPOWERING FOOD HABITS AND ADVOCACY PROGRAM SRING 2024

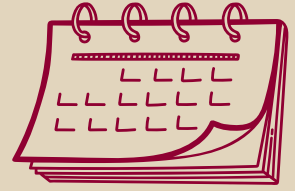
Content

- Interactive lectures
- Practicing self-advocacy
- Encouraging group collaboration



- Interactive grocery store tours
- Practicing observational skills
- Practicing data collection for changing food environments

Who, When?






12 Restore OKC
High School Interns
17 OUHS Dietetic Students
6 OUHS Dietetic Interns
6 weeks in winter 2024

Demographics

Age: 16.5 years
58% female
67% African
American



 **Goal:** To Increase intern's knowledge on their food environment, research skills, and self-efficacy and intention.
 



73% of interns
increased research
skills



45% of interns
increased food
environment
knowledge



82% of interns
increased self-
efficacy and intention
for advocacy