

# Pilot Toolkit Feedback

Current Update on Head Start Height and Weight Standardized Measurement Toolkit: takeaway themes from interviews

## TOOLKIT



video + handout



used in pre-service training



## KEY THEMES

**Novelty:** "I've been here 20 years and this would've been great...something I could've used when I first came on as a new staff member."

**Usefulness:** "I printed the flyer..so they're hanging at all of our sites by assessments."

**Accuracy:** "A lot of staff didn't realize the student keeping on shoes would change the height and weight...the importance of it because of nutrition implications."

**Importance:** "I think it made us look at it more seriously than we might have in the past."

**Barriers:** "It would be nice to have the newer...height machine and stuff for us to be able to...do it more accurately and more, you know, sufficient(ly)."



## INTERVIEWS

13 Zoom interviews in August and September

Spoke with family health advocates and health managers

Learned about experience of incorporating toolkit into training

Interviews across 5 states: Maine, Idaho, Ohio, Mississippi, and Oklahoma



## NEXT STEPS

1. Determine best ways to communicate with parents about sensitive subject of height and weight.
2. Share toolkit with parents to help them understand measurement process and steps taken to ensure accuracy.

QR Code for Link to Video



SCAN ME