

Food Insecurity on the OKC Campus

About the Study:

An electronic survey was distributed to students, staff, and faculty across the University of Oklahoma Health Sciences Center (OUHSC) to assess prevalence of food insecurity and to identify favorable campus food assistance programs as well as utilization barriers for those experiencing food insecurity. A total of 1171 respondents on the OKC campus completed the survey between August-September 2019.

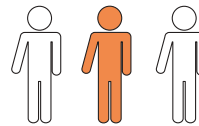


11.5% Low Food Security
(reduced quality, variety, and/or desirability of diet)

12.2% Very Low Food Security
(eating patterns disrupted and food intake reduced)

23.7% Food Insecure
(having limited or uncertain access to adequate quantity or quality of food)

1 IN 3 STAFF
experienced food insecurity within the past 12 months



1 IN 5 STUDENTS
experienced food insecurity within the past 12 months



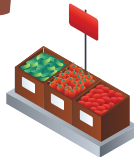
13.6%
at risk of food insecurity

Of those experiencing food insecurity...

75.5% want to see a **FOOD PANTRY** on campus



57.6% want to use a **FARMERS' MARKET OR STAND**



57.2% want to use a program with **MONTHLY BOXES OF FRESH FOOD**



54.0% want to use a **LOW-COST STUDENT-RUN GROCERY STORE**

Top reported barriers to utilizing food assistance for those experiencing food insecurity were...

Feeling Like Other People Need the Food More
61.2%

Embarrassment
51.8%

Recommendations

- Promote awareness of food insecurity on campus.
- It will be important when moving forward to explore feasibility, required resources, and costs associated with the preferred programs to determine best option to establish on campus.
- The program should be available for students AND staff.
- Conduct research on the chosen program to determine its effectiveness at reducing food insecurity.
- Minimize stigma and barriers to enhance utilization of the chosen program.